



BILLESLEY MANOR

HOTEL & SPA

Skin | Body | Mind

ESPA

Natural Beauty
Inner Calm

WELCOME

Espa's holistic facials are famous worldwide for their heavenly feel and simply stunning results.

Every treatment enhances the senses, focusing on the mind, body and spirit. After a thorough consultation, skin analysis or sensory test, your therapist will work with you to tailor the treatment to your every need. Using expert massage techniques and clinically trailed products address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

We look forward to welcoming you!

Spa Treatment Hours

Monday – Sunday 09.30 - 18.00

Spa & Health Club Opening Times

Monday – Sunday 07.30 - 20.00 Last Entry 19.30

ESPA Facials	3
ESPA for Men	4
ESPA Massage	5
Pregnancy with ESPA	6
ESPA Body Treatments	7
Hands and Feet	8
Luxury Spa Days	9
Spa Breaks	11



Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focussed facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

ESPA Personalised Express Facial

25 minutes - £45.00

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiance.

Active Nutrients Glow from Within Facial

55 minutes - £85.00

This invigorating nutrient-rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face glow with vitality.

Dull, lethargic complexions are brightened and refreshed with the power of a sweeping Gua Sha massage which stimulates the lymphatic and circulatory systems, helping boost the flow of blood and nutrients to the skin. Concentrating on your scalp, face, neck and décolleté and combining steaming, exfoliation and multi-masking to maximise results, the body, mind and skin feel renewed while your face has a lit-from-within luminosity.

ESPA Inner Beauty Facial

55 minutes - £85.00

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

ESPA Natural Face Lift

85 minutes - £145.00

Reveal visibly resilient, healthy-looking, youthful skin. This specialised facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with stimulating Jade rollers give instant results, leaving the skin firm, lifted and beautifully radiant.

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

ESPA Deep Cleansing Facial

55 minutes - £70.00

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, Tri-Active™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.



4. ESPA FOR MEN

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energised with renewed focus and lasting positivity.

ESPA Hot Stone Massage

35/70 minutes - £70.00/£100.00

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Espa Scalp, Neck & Shoulder Massage

25 minutes - £40.00

Running Pink Hair and Scalp mud through the hair (one of our absolute favourite products), your therapist will work with you to deeply soothe and relax you. Massaging over the scalp and into the neck and shoulders, this tension releasing treatment will completely relax you and leave your shoulders relieved of unwanted tension.

ESPA Back, Neck & Shoulder Massage

25 minutes - £45.00

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

ESPA Deep Muscle Massage

25/60 minutes - £55.00/£110.00

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised. 60 minute treatment includes a scalp massage.

ESPA Inner Calm Massage

55/80 minutes - £90.00/£135.00

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored. 80 minute treatment includes a scalp massage.

ESPA MASSAGE 5.

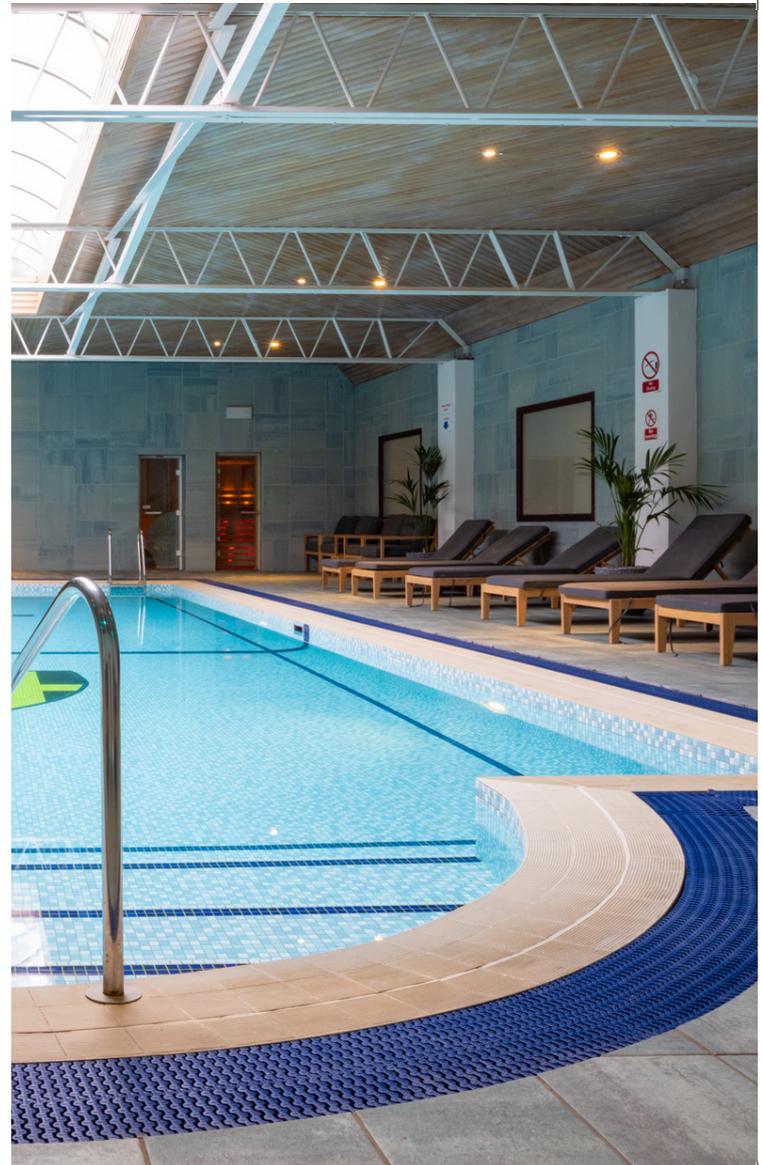
ESPA Pre-Natal Relax & Restore

40/70 minutes - £60.00/£100.00

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.



6. PREGNANCY WITH ESPA



Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced, and skin's natural beauty is restored.

ESPA Back, Face & Scalp Treatment - Hero Treatment

80/110 minutes - £135.00/£180.00

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.



ESPA Body Wrap

55 minutes - £110.00

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

ESPA Salt & Oil Scrub

25 minutes - £50.00

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

ESPA BODY TREATMENTS 7.

Our hand and foot treatments are an ideal treat for those with tired hands and fatigued feet. Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every way, leave our spa feeling truly pampered.

Nourishing Lower Leg & Foot Treatment

40/70 minutes - £60.00/£100.00

Truly pamper your feet in this luxury lower leg and foot treatment. Immerse your feet into complete hydration. Complete with a lower leg and foot exfoliation, massage, heated booties and then to finish, your nails will be tidied and nourished with a OPI Nail treatment.

*please note that no coloured lacquer is applied in any of our treatments.

Hydrating Hand & Arm Treatment

40/70 minutes - £60.00/£100.00

A truly pampering treat for the hands. Your hands and arms will be immersed in complete hydration. With a hand and arm exfoliation, massage and heated mitts, your hands will never have felt so soft! To finish, your therapist will tidy your nails and apply an OPI Nail treatment to give your nails a nourished feel.

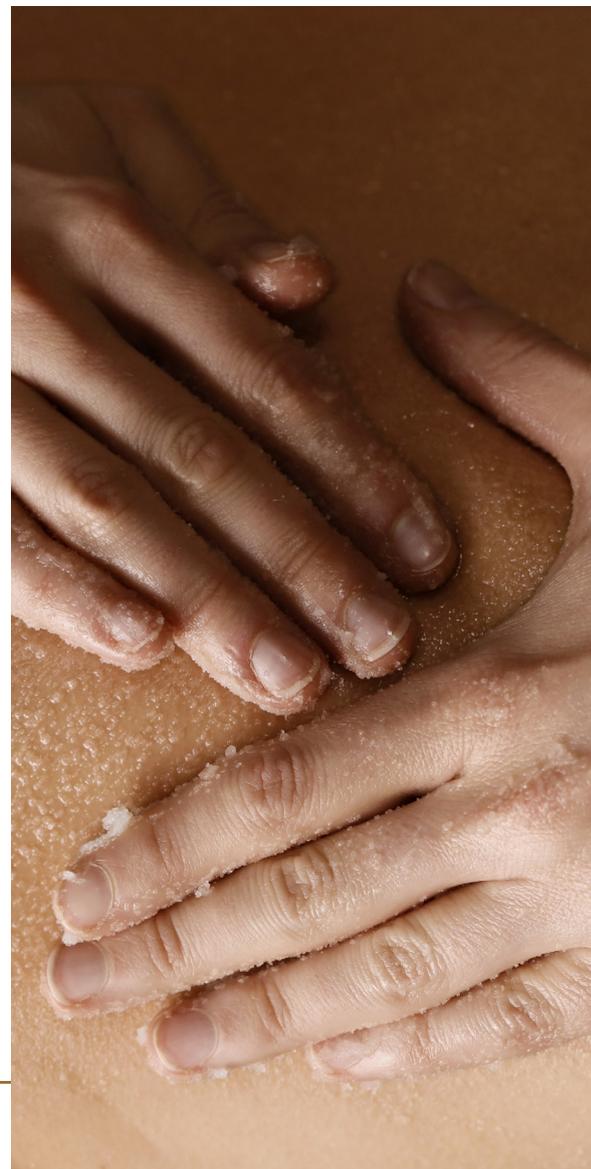
*please note that no coloured lacquer is applied in any of our treatments.

ESPA Lighter Legs Treatment

25 minutes - £40.00

A lower leg and foot ritual to revive tired, worn-out feet. With an invigorating lower leg and foot exfoliation and a massage focusing on your areas of tension, your lower legs and feet will be left feeling light as a feather.

8. HANDS AND FEET



Restore and nourish your mind and body with our collection of spa days. Use our relaxing facilities for the day in our tranquil hotel, with use of our pool, sauna and steam room. Lounge around in fluffy robes. Enjoy a tasty lunch, afternoon tea or snack in our bar area. And now for the best part...

Choose one of our results driven facials, high performance body treatments or one of our immersive massages to complete your day with us!

Blissfully Billesley Spa Day

£89.00 per person - Monday to Friday

£99.00 per person - Saturday and Sunday

Includes:

- Lunch with a cocktail or mocktail of your choice
- Fluffy robe and towels
- Use of our spa facilities 10am – 5pm
- A luxury 25 minute ESPA Treatment

Your treatment choices:

*Please choose one of the following on booking

- ESPA Personalised Express Facial
- ESPA Back, Neck and Shoulder Massage
- ESPA Lighter Legs Treatment
- ESPA Scalp, Neck and Shoulder Massage

Add another 25 minute treatment to your day for £25.00

Truly Relaxing Spa Day

£129.00 per person - Monday to Friday

£139.00 per person - Saturday and Sunday

Includes:

- Lunch with a cocktail or mocktail of your choice
- Fluffy robe and towels
- Use of our spa facilities 10am – 5pm
- A luxury 55 minute ESPA Treatment

Your treatment choices:

*Please choose one of the following on booking

- ESPA Inner Beauty Facial
- ESPA Inner Calm Body Massage
- ESPA Express Personalised Facial & Back, Neck and shoulder massage
- ESPA Body Wrap

*Lunch and cocktail pre-ordered on arrival

LUXURY SPA DAYS 9.

For those wanting a half day of relaxation..

Afternoon Tea Spa Day

£75.00 per person - Monday to Friday - 12pm – 4pm

Includes:

- A luxury ESPA Scalp, Neck and Shoulder Massage 25 minutes
- Afternoon Tea with a glass of fizz
- Fluffy robe and towels
- Use of our spa facilities

Upgrade to a 55 minute ESPA treatment for £29.00

A Morning To Spa, Spa Day

£65.00 per person - Monday to Friday - 9.30pm – 1.30pm

Includes:

- A Colombian Coffee Body Scrub 25minutes
- Morning pastries with Tea or Coffee
- Fluffy Robe and towels
- Use of the spa facilities

Upgrade to a 55 minute ESPA treatment for £29.00

Upgrade treatment options:

- *ESPA Inner Beauty Facial*
- *ESPA Inner Calm Body Massage*
- *ESPA Express Personalised Facial & Back, Neck and shoulder massage*
- *ESPA Body Wrap*

ESPA HERO Spa Day

£159.00 per person - Monday to Sunday

Our spa day of luxury. Focusing on the Body, Mind and Spirit, this spa day includes our ESPA Hero Treatment so send you into complete relaxation. With a treatment time of 80 minutes, you will leave feeling completely rejuvenated.

Includes:

- ESPA Hero Back, Face and Scalp Treatment
- Lunch with a cocktail or mocktail of your choice
- Fluffy robe and towels
- Access to our spa facilities 10am – 5pm



10. LUXURY SPA DAYS

Feel rested and rejuvenated with our Spa Breaks we have to offer here at Billesley Manor Hotel. Unwind with full access to our spa facilities, robes, over night stay and delicious food options. Your stay with us will be enhanced with our luxury ESPA Treatments to leave you feeling truly pampered during your stay.

Relax and Retreat Spa Break

From £160.00 per person

Are you looking for a package to offer you true relaxation?

Our relax and retreat break offers you pure relaxation. One of our therapist will work with you to ensure your treatment is perfectly tailored to you whether it be one of our ESPA Facials or body treatments, we assure you will leave feeling completely renewed and utterly relaxed.

This package offers you, an overnight stay in our tranquil manor house, delicious dinner in our restaurant, breakfast and of course, your personalised 55 minute body treatment leaving you feeling relaxed from head to toe.

Choose one of the following:

- ESPA Inner Calm Body Massage
- ESPA Inner Beauty Facial
- ESPA Express personalised Facial and back, neck and shoulder massage

Tranquil Escape Spa Break

From £130.00 per person

Relax and unwind with our signature spa package. Complete with an overnight stay in our beautiful manor house, delicious dinner in our restaurant, breakfast and a 25 minute ESPA treatment of your choice, leaving you feeling rejuvenated.

Choose one of the following:

- ESPA Express personalised Facial
- ESPA Back, neck and shoulder massage
- ESPA Lighter legs treatment

Terms & Conditions

- The minimum age for all treatments is 16.
- Pre-payment is taken on booking for all treatments and spa packages.
- If cancellation is received less than 72 hours prior to arrival, there will be no refund or credit given.
- Treatments which start late will be cut short to avoid impacting other guests. All treatment times listed include a small consultation and changing time.
- Dinner inclusive packages is a credit allowance towards food in our restaurant.
- Single supplements will apply for residential spa breaks.



BILLESLEY MANOR

HOTEL & SPA

The Billesley Manor Hotel

Alcester, Nr Stratford-upon-Avon, Warwickshire, B49 6NF

T: 01789 767100 | E: spa@billesleymanor.com | W: www.billesleymanor.com