

## Treatment Menu

### **Wordsworth Organic Spa's Signature Treatments.**

The therapists create each blend individually for each guest. It is believed that people's needs are extremely unique, as should each massage.

- Swedish back, neck, and shoulder massage 25mins £35
- Swedish full body massage 55mins £60
- Aromatherapy back, neck and shoulder massage 25mins £35
- Aromatherapy full body massage 55mins £65
- Indian Head Massage 55mins £65
- Hot Stones back, neck and shoulder massage 40mins £45
- Hot Stones full body massage 85mins £75

### **Voya Treatments**

Voya is a family found business and certified purely organic. The main ingredient is fresh, hand-harvested seaweed from the west coast of Ireland.

Seaweed is nature's most powerful anti-oxidant from the marine world and helps aid the immune system and the prevention of acute illness.

### **Body Exfoliations**

- **Organic lavender & seaweed sugar glow:** This treatment uses a melody of ingredients including organic seaweed, organic lavender buds, and organic sugar to invigorate, exfoliate and nourish the skin. Afterwards you enjoy a light-cleansing shower and a short relaxing massage with Voya's softly does it body moisturiser. This is a gentle aromatic body sugar scrub that melts tired muscles while soothing and softening the skin. **55mins Gentle texture £65**
- **Stimulating seaweed body buff:** Our certified organic Bladder Wrack body buff is the ultimate treat for tired and dull skin. The anti-oxidants of the mineral-rich Bladder Wrack seaweed combined with pure seaweed oils provide a powerful organic way to better skin. A light cleansing shower and a short relaxing massage with Voya's Softly Does it immediately follows the all-over body scrub. This ground-down seaweed is a strong exfoliator that stimulates and leaves the skin tingling. **55mins Medium texture £65**

### **Body Wraps**

- **Organic warm spiced mud wrap:** Seaweed taken fresh from the ocean is combined with purifying elements of peat to produce a mud wrap rich in potent anti-oxidants, minerals and enhanced with ginger and cinnamon. Definitely for the result-driven client, this wrap has immediate and noticeable effects on the skin, including firming and

toning. A serious detoxifier, metabolism stimulator and a natural anti-ageing boost. **70mins Purifying £65**

- **Ocean essence wrap:** Voya Ocean Essence is an organic wrap treatment that stimulates the blood and lymph flow. This detoxifies the skin and stimulates the renewal of damaged cells through a full body exfoliation with ground walnut shells, which defines, tones and increases lustre. It is an excellent skin rejuvenator, combating cellulite and muscle fatigue with the soothing and moisturising effects of two powerful seaweeds. You will also enjoy a relaxing scalp massage. **70mins Hydrating & Detoxifying £65**

## Facials

- **Herbal lift facial:** Our herbal lift is a unique facial treatment that encapsulates all the goodness of the sea and organic herbs in mini facial poultices. Based on mineral rich seaweed, one of nature's most powerful anti-oxidants, this one facial will lift, firm and leave your skin with a radiant glow. The treatment is complemented by an age – defying eye treatment with cooled compresses of laminaria seaweed that produces instant results. **70mins Anti-oxidant & firming £70**
- **Ocean fresh facial experience:** Ideal prior to a social occasion in this truly organic facial, we use a spiny bamboo facial exfoliator to reveal a more radiant glow, and then provide a Voya signature massage using a face serum containing an intense blend of organic oils, and anti-oxidant seaweed, followed by a Voya maskerade gel mask applied to deeply hydrate and detoxify. This is all complimented with a relaxing scalp massage. **55mins Refreshing £60**
- **Organic seaweed marine eye treatment:** This is an ultimate treat for refreshing and rejuvenating tired eyes. The seaweed marine eye treatment is a relaxing and decongesting lymphatic treatment using specialised products rich in seaweed extract, green tea, and vitamin C directed at signs of aging and puffiness around the eye area. The unique seaweed leaf eye compresses are applied and allowed to work their magic while a scalp massage is performed. **40mins Firming and decongesting £50**

## Massage

- **Voya total massage journey:** A complete top to toe relaxation journey. This amazing experience incorporates body-brushing, exfoliation, body massage and scalp massage that replicates the movement of the sea, combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains and to condition the body, using the world's first organic seaweed oil, with 2lbs of wild Atlantic Angelicus Serratus seaweed in every bottle! **85mins Relaxation £75**
- **Detox herbal bag massage:** Warmed muslin bags containing a combination of the finest herbs and seaweed are gently massaged into the body. The heat radiates through the body, providing deep relaxation and soothing aches and pains. This full body treatment reconditions and rejuvenates your skin by exfoliating the outer layers, and nourishing deep

within. Choose between calming and chamomile, reviving peppermint or stimulating fennel. The herbal bags offer a relaxing way to detox while the seaweed gel acts as a powerful anti-oxidant and stimulate the body's metabolism. **85mins Choice of 3 £75**

- **Voya organic foot retreat ritual:** Refining your skin, this treatment begins with a sea salt exfoliation from the knees to the feet. You will then be treated to a deeply relaxing massage of the lower legs, a double action seaweed foot mask and fresh seaweed leaf wrap around the legs to reduce swelling and soften tired feet. This is an ideal treatment during pregnancy and for foot ailments of all kinds. As an extra treat, we include a relaxing scalp massage. **40mins Stimulating and draining £50**

### **Signature spa rituals**

- **Tranquil Voyage:** Our complete top-to-toe relaxation journey incorporates stimulating body brushing, exfoliation, and full massage inspired by the movements of the sea. Continuing on your voyage, our Marine eye treatment allows mineral-rich seaweed compresses to target troublesome areas above and below the eye. There couldn't be a more tranquil way to relieve aches and pains while conditioning the face, eyes and body. **115mins £95**

### **Leighton Denny, Nail Experts**

- **Shape and Paint (Hands or Feet):** This is a quick yet efficient treatment for the nails. The cuticles are tidied and the nails shaped and buffed. A high quality nail varnish is then applied. **30mins £35**
- **Luxury Manicure:** This is a luxury treat for those tired, hard working hands! The Luxury Manicure includes a shape of the nails and tidy of the cuticles, hand and arm exfoliation, heated mitts and a hand and arm massage. All finished off with a high quality nail varnish. **55mins £60**
- **Luxury Pedicure:** A complete relaxation and restoration for the feet! The Luxury Pedicure includes a shape of the nails and a tidy of the cuticles, hard skin removal, foot and leg exfoliation, heated booties and a foot and leg massage. To finish off, the nails are painted with a high quality nail varnish. **55mins £60**
- **Leighton Denny Gel Polish (Hands or Feet):** The Gel Polish by Leighton Denny gives a none-chip polish that lasts up to two – three weeks, with an incredible shine finish. The products used are developed to respect the natural nail and promote healthy nail growth by using essential minerals. **30mins £40**