



TAPLOW HOUSE

HOTEL & SPA

TREATMENT MENU



Situated in Buckinghamshire, Taplow House Hotel & Spa is a wonderful escape where you can indulge and unwind. It is the perfect location for relaxing spa days, breaks and treatments. Unwind with a massage, relax in the enveloping waters of our outdoor whirlpool or escape into the earthy heat of the sauna. A haven of relaxation, our expert therapists will ensure that you leave feeling revived.

FACIALS

MY KINDA SKIN

60 minutes | £90

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes a tailored face and décolletage massage plus a relaxing scalp massage.

GO GUY – MALE EXECUTIVE FACIAL

60 minutes | £90

A facial to revive your skin, soothe aching neck muscles and smooth away stress. Includes a deep-brush cleanse, plus exfoliating mask and an energising or relaxing massage.

REPOSE AROMATHERAPY FACIAL

75 minutes | £115

This indulgent aromatherapy facial includes a relaxing face massage and eye treatment followed with hot oil scalp massage, plus a hand and arm massage. Pure bliss.

TOTALLY QUENCHED & DRENCHED

75 minutes | £115

This divine treatment includes a cryogenic mask, intense eye therapy, lymph draining and lifting massage techniques and a special remedy to encourage deep hydration and eliminate fine lines.

CHAMPAGNE & TRUFFLES DELUXE

90 minutes | £135

This luxury facial combines our award-winning truffle formulas with a deep double-cleansing ritual, a glycolic resurfacing peel, a skin-destressing alginate mask and cold-stone therapy, followed by a unique skin-lifting and muscle-firming massage. Treatment includes a glass of Champagne and delicious chocolate truffles.

THE POWER BREAKFAST FACIAL

30 minutes | £60

This revitalising facial includes a deep-power cleanse, nutritious clay mask and lymph-drainage techniques topped off with a wake-up scalp massage.

EYE TREATMENTS

WINDOWS OF THE SOUL

30 minutes | £60

This results-driven eye treatment is designed to deliver speedy results for tired, dull and puffy eyes. A pressure-point eye massage lifts, firms and smoothes eyes preparing them for the application of eye mask patches.

MASSAGE

DRIFT AWAY

30/60/90 minutes | £60/£90/£120

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils, including frankincense, lavender and patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage.

WORK IT OUT

60/90 minutes | £90/£120

A detoxifying, deep-tissue massage that relieves fluid retention and works out tired, aching muscles. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then we perform a deep tissue, body-boosting massage with muscle-fitness techniques and movements to really give your muscles a work out – working on knots, tensions and tightness to help the detox process.

ROCKS OF THE MEDITERRANEAN

75 minutes | £110

This popular thermal stone massage is a glorious treatment using warm basalt stones to massage the body from head-to-toe. This wonderfully warming treatment works on energy points located throughout the body to rebalance and harmonise.

NEW BEGINNINGS

60 minutes | £90

Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed.

I'LL BE BACK

45 minutes | £75

This invigorating treat includes an exfoliation scrub, a deep cleanse with warm purifying mud, followed by a stimulating massage. Leaves you with a back to be proud of.

WRAPS & SCRUBS

AAAH!!

30 minutes | £70

This oh-so-good treatment is instant relief for tired, over worked legs and feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment.

GLORIOUS MUD

60 minutes | £95

This heavenly treatment starts with lymphatic body brushing, then warm vitamin and mineral-rich purifying mud is smoothed all over the body. Once cocooned in this cosy wrap, you'll relax with a glorious face and scalp massage. Wallowing in mud never felt soooo good!

THE OUTER GLOW

45 minutes | £80

An invigorating and refreshing all-over exfoliation treatment that leaves skin soft, revitalised and hydrated.

Off you glow!



SPA EXPERIENCES

THE MEDITERRANEAN FLOAT

90 minutes | £120

This deluxe treatment will leave you feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with our iconic Mediterranean body scrub and your face is indulged with our unique Mediterranean marinade facial.

MY KINDA MOOD

90 minutes | £150

Not sure what you'd like? Then this is the ideal treatment. First we help you choose the aromatherapy fragrance to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full-body massage, followed by an indulgent facial. Products and techniques will be bespoke to your wants and needs. Look, feel and smell oh so good.

SIDE ORDERS

Have you ever had a treatment at a spa and thought to yourself: "I wish I could have a little more"? Well now you can! Here we present a lovely selection of options to add to your main treatment. These can be added to any facial, massage or body treatment.

15 minutes | £15 per side order

- Hot stone and neck massage
- Hot oil scalp massage
- Indulgent hand ritual
- Indulgent foot ritual secret eye remedy



SPA DAYS

Relax and unwind at Taplow House Hotel & Spa with an intimate spa day. All our spa days are inclusive of access to our hydrotherapy pool, sauna, juice bar and spa lounges.

SUNRISE SPA DAY

Mon-Fri | £95 Sat-Sun | £100

Wake up and feel refreshed with a luxurious morning spa experience. Includes:

- Facility use from 9am-1pm
- A 30-minute spa treatment per person
- A set, two-course lunch in Grenfell Lounge

AFTERNOON RETREAT

Mon-Fri | £130 Sat-Sun | £135

An indulgent day of pampering, rounded off with a nourishing lunch or traditional afternoon tea. Includes:

- Facility use from 12pm-4pm
- A 60-minute spa treatment per person
- A set, two-course lunch or traditional afternoon tea in Grenfell Lounge

TWILIGHT SPA EXPERIENCE

Mon-Fri | £108 Sat-Sun | £113

Treat yourself to an evening of relaxation with our twilight spa package. Includes:

- Facility use from 3pm-7pm
- A 30-minute spa treatment per person
- Two-course dinner in Grenfell Lounge



NAIL TREATMENTS

GEL COLOUR MANICURE/PEDICURE

Both 60 minutes | £50/£60

Our OPI Gel Colour Treatment is the most popular nail treatment offered. Our clients love the instantly dry, shiny finish and lasting power of this OPI formula. The nails and cuticles are completed before application and the treatment is completed with a soothing massage. OPI gel lasts 2-3 weeks on the hands and up to 6 weeks on the feet.

CLASSIC MANICURE

60 minutes | £45

Our Classic OPI manicure helps to rejuvenate and moisturise the skin and nails with abundant shea oil and avocado oil. This treatment refreshes and smoothes the cuticles, nourishes the skin and completes the nails with your favourite OPI infinite shine polish.

CLASSIC PEDICURE

60 minutes | £50

Feel calm and refreshed with OPI's classic pedicure. Removes dry skin and replenishes the skin with nutritious foot balm. Your feet will be soaked, soothed and completed with your favourite OPI infinite shine polish.

FILE & POLISH

30 minutes | £30

Suitable for hands and toes that require a simple touch-up. Shape your nails before applying your favourite OPI infinite shine polish.



LUXURY MANICURE

75 minutes | £60

A luxury treatment for tired hands that need to be pampered. Starting off with a file of the nails, your hands are exfoliated, moisturised, massaged, and softened with a rejuvenating mask and heated thermal mitts. Your nails are then finished off with your favourite OPI infinite shine polish.

LUXURY PEDICURE

75 minutes | £70

The ultimate spa experience pedicure that regains both spirit and feet! An excellent treatment that not only refreshes and rejuvenates, but also moisturises and nourishes. Feet are exfoliated, moisturised, massaged, and softened with a rejuvenating mask. The nails and cuticles are trimmed, shaped and painted with your favourite OPI infinite shine polish. In a nutshell, it's a foot paradise!

GEL REMOVAL

20 minutes | £15

Available to guests who have previously had their manicure or pedicure at Taplow House Hotel & Spa.

WAXING

UNDERARM WAX: 15 minutes | £15

LIP WAX: 15 minutes | £15

HALF LEG WAX: 30 minutes | £30

FULL LEG WAX: 45 minutes | £45

CHIN WAX: 15 minutes | £15

EYEBROW WAX: 15 minutes | £15

BIKINI WAX: 30 minutes | £30

CHEST WAX: 45 minutes | £45

BACK WAX: 45 minutes | £45

BOOKINGS & CANCELLATIONS

Taplow House Hotel & Spa non-resident treatments and spa days require payment in full at the time of booking.

You are entitled to cancel or change your booking without charge up to at least 48 hours before your arrival. For all spa days, we require at least 72 hours' notice. Group bookings of 4 or more people require at least 7 days' notice. After this time, the full charge applies.



TAPLOW HOUSE HOTEL & SPA

#MarvellouslyTaplow

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